

ON INCARNATIONS

Oblivion burns
memory fades away.

it is an enigmatic phrase, perhaps,
for the logical rationality
to which man is used to carrying
his thoughts
his deductions
and his objective conscience.

oblivion burns and memory fades away
it is not part of one single explicit incarnation
but it is part of all those incarnations
to whom the spirit has come
in its physical experience.

oblivion burns
because oblivion is the primary cause
of a just liberation from already-lived experiences
that have brought their contribution
to that being of conscience
of which the spirit avails itself to experience physicality.

oblivion burns, there would be trouble if it didn't.
oblivion continues to burn
because oblivion continues to be necessary.
but in oblivion the experience of
what has been obliterated remains vital.

thus this is the meaning of the words
"oblivion burns":
it must continue to vibrate
it must continue to quiver.

the obliterated is a continuous presence
that gives a sign of itself
in its vibration.

and "memory fades away":
memory is spent, memory closes.
memory is a temporary phase of events
that serve to bring their contribution
and then necessitate that oblivion
that continues to burn.

why all this philosophical reasoning

just to say that we don't remember anything?

because we mustn't remember anything
except the few reminiscences
that are very rarely necessary
of our past incarnations.

it has been said many times
that the clothes we wore are not important
at that time
in that nation
and in that particular specific form of man, of woman
in which the spirit is dressed when it experiences earth:
forms, events, successes, defeats
hunger, cold, wealth, love.

everything was necessary in the moment
in which that time was real
in that present.

today the memory of those events,
although at times it can be necessary
to solve present problems
to solve existential problems
still linked to past traumas
still present today at a subconscious level,

but they are never determining
even if man wants to invest them
with a determining importance,
they are never determining for life
for the incarnation of the present.

man longs to know
man tends to want to know ever more
be it in an extensive sense
or in a profound sense
be it in a progressive sense
or regressive.

in his quest for knowledge
to know and to understand
who he is, whoever he is
he feels the necessity to be able to proceed
to those previous, past lives
whose result he sees in his present.

yes, regression could really help

but always within the consciousness and awareness
that it is “never” decisive.

it is an illusion to think
that regression is decisive
in order to undo karmic knots
to illuminate karmic darkness
to lighten that karmic burden
that the individual,
in the moment he feels the necessity
to understand more of himself
tries, searches, investigates
not only in his present
and - it is not imaginable – in the future;

but he searches, investigates
in that past that to him is more appropriate
as logic.

while in reality
the moment of the past
equals the moment of the future,
but by the logic of the man who sees
in developing sequences
by his logic appropriate to his reason
man investigates the past.

regression is important
for those individuals who do not count on finding a solution
from information given by a moment of life
memorable for the individual by now overcome
that brought those consequences of experience
that had to be lived at that specific moment.

it is an illusion to think
that regression can bring
a complete, total solution to problems
that the individual lives in his real time
meaning, the present.

regression is needed by man when
the wave of need washes that conscience,
the wave of the psyche.

regression is needed by man
as one piece of information among many
among all those that man must grasp
discover, gather, read

all the information
that life continuously gives
tirelessly
in order to be able to give man
the possibility of an ever-greater, more complete
reading of his own self.

those who lend themselves to a regression
think they delegate to the event
extraordinary in itself, of regressing
an event that does not always come about,
rarely happening in a real way,

but even when it does happen in a real way
it is always a temporary relief
and never a solution to the problem
which necessitates a full awareness of man
so his own problem can be smoothed away.

in time
if the approach of living regression
hasn't been a balanced event
with a knowledge only of information,
in time
everything goes back to how it was.

no one can lift that burden that is ours alone
that millstone that is all ours
even though we are temporarily relieved of that burden.

regression becomes important
becomes significant, becomes operative
in the moment when we comprehend that it is a help
that it is participation of comprehension
that it is a gift given
to the individual's will to search
to the individual's will to commit.

never overspill
that equilibrium of reasoning
in which the individual must find his solutions.

everything that concerns life
that concerns lived events
is pertinent to time, to space
thus to the dimension of relativity.

when we talk about regression we are not talking about the spirit;
the spirit is, it does not become;
and it hasn't been: it is.

thus, in facing the problem of time
in its virtual flow
we remain in the space-time dimension

and in this dimension
us with ourselves
availing ourselves of the contribution of brothers who wish to help us
each one with his own gift,
but only we alone
while availing ourselves of these gifts
which brothers generously would like to offer us,
we alone can find our solutions

and only by ourselves can we move ourselves
from a state of suffering to a state of grace.

regression is the hope of relieving oneself
of those themes of the soul
that are blocked and do not manage to expand
to give themselves perfume and receive perfume.

in good faith man wants to help man
but even in good faith one man can make a mistake.
even in good faith there is error.

error has always been within human reasoning
and within human action.

but if good faith supports those who err
the mistake will be revealed.
in the moment in which one sees, one recognizes one's own part in the mistake
one is already in a position
to understand what we need for ourselves and our lives
to err less.

he who proceeds in his quest on all fronts
and in this quest uses also the experience of regression
does a good thing because he will understand
with the experience given and received
that only he, exclusively he
has been and will be the maker of his path to knowledge.

those, instead, who approach the experience of regression
through a lack of will to commit, for engendered curiosity

emotion, disturbance, suggestion will receive
but their tomb will be empty.

the tomb is that container
of stone or of earth
that receives the remains
of an embodying experience.

“their tomb will be empty”
means that they will find very little in their curiosity
emotions and suggestions only of the present moment
they will find very little of that embodying experience
to which they turn with their curiosity
with their excitement
with their suggestion.

and so is everything negative
in what man sets himself to do?
no, everything is extremely cognitive.

it is essential to set oneself in the right way, logically, critically
by faith and mistrust at the same time
regarding everything that man can and has to fulfil.

everything is knowledge and proceeds via exclusion
only what is saved from exclusion is the truth of fact.

but in order to discover the truth of fact
much other truth which is apparently manifest
or appears to be as such and is lived as such
has to be experienced to then be overcome
because it is known only as a means to reach the truth of fact
and not as truth of fact itself.

every instant, even the most insignificant experience
is extremely important
extremely necessary
as we always tell the man who lives that experience.

research, research...
research is a holy thing.
it is important not to dirty oneself in the research
to not become absorbed by only that research:
not to get embroiled, imprisoned
in only that research.

touch experiences, live them:
from that flower take the nectar

take the perfume
be moved by the colour
be moved by the beauty of that flower,
thus by the experience of that research we are developing

but in the knowledge
that this too is just a tiny segment
and not a certain and definitive part of our existence.

this is how oblivion burns
and memory fades.

in order to continue to exist
oblivion has to burn without burning itself, without turning into ashes
and to make sure that oblivion continues to burn
memory has to fade away.

and so much is the energy that you, man
have to put into the moment of your true time which is the present

and so much is the energy, intelligence
the creativity, the will, the action,
the effort, the attention
that you have to put into your moment of present truth,
that it would be harmful to take away the energy
of your present moment or in your present moment
to place it in a memory which is now
nothing other than what you call a "ghost".

thus what does this passionate debate show
about life regarding life
about the present compared with the past
and about the past compared with the future?

everything is present, everything is unified
in the moment that you live now, here.

and your pains, your difficult moments, your closures
can not be opened, those closures,
by past events, because they are ghosts
and your closure of today is concrete, strong, powerful reality.

your sufferings of today can find reason
"only" in the moment that you live "now":
your tribulations must find
explanations, clarification, trust, now.

the faith that can sustain you now will not reach you from the past.

seeing ourselves not bound in the arc of time
that excludes from itself any other time;
seeing ourselves together
as we all breathe together this air given to everyone;
seeing ourselves together
as we all drink this water given to everyone;
seeing ourselves together
in this light given to everyone

this is the great effort
this is the great overcoming:
seeing ourselves together.

in this togetherness
seeing also time that disappears.

there is no trajectory that goes from “from” towards “to”

it is all now.

although your consciousness lives everything in “now”
your awareness is within the limits of “now”.

but if your intuition, which is nourished by faith,
is able to perceive the moment of conscience in everything
the awareness of the moment too will receive peace.
amen.